

BRENDA ABDILLA, PCC

Executive & Leadership Coach



Brenda Abdilla is a distinguished authority in leadership development and organizational excellence. With her vast experience and unwavering passion, she has become the foremost coach and facilitator, dedicated to enhancing the performance of teams and the effectiveness of leadership.

As a highly sought-after executive leadership coach, Brenda specializes in working with leaders aiming to enhance their team engagement. Remarkably, over 90% of Brenda's clients successfully tackle their core leadership challenges within just one year of partnering with her.

Brenda's approach is decidedly different. She brings a solid business-centric background to her work with leaders, entrepreneurs, and high-level career coaching clients. Brenda understands the pressure and uncertainty (VUCA) present in today's business environment and empowers her clients to significantly improve their team communication, time management and efficiency, stress management, decision-making, critical thinking, and all of the elements of corporate visibility and success in their role.

TODAY'S PROFESSIONAL WORKFORCE IS IN DESPERATE NEED OF 3 IMPORTANT SKILLS:

1. Conquering overwhelm in order to prioritize their ever-growing task list.
2. Improved understanding and communication with their co-workers and team.
3. Self-reflection and self-understanding as a path to understanding others.

Each of Brenda's programs addresses these three critical elements as well as the latest brain science and research to support the content she brings to the group. All of Brenda's programs are interactive, customized and practical and relevant to today's workforce.

CORPORATE WORKSHOPS & TRAININGS



+ Special Group Coaching Programs by Cohort

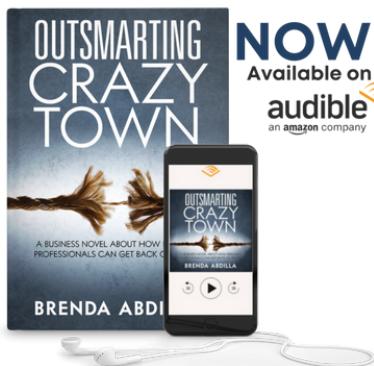
SCIENTIFICALLY VALIDATED ASSESSMENTS



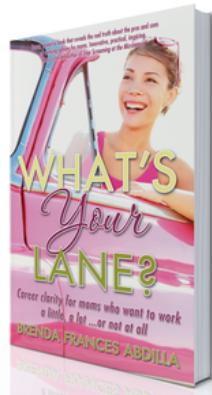
CHAMPION OF WOMEN IN LEADERSHIP

She serves as the professional chapter chair for three high-performing Women Presidents Organization (WPO) groups in Denver and is the Co-Founder of Entourage, an annual retreat for women in corporate leadership. Through this work, she delivers meaningful, high-impact support to women navigating the real-world demands and complexities of leadership in today's competitive environment.

BOOKS BY BRENDA



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WHAT AUDIENCES ARE SAYING ABOUT BRENDA'S PROGRAMS...

"ENLIGHTENING AND EDUCATIONAL!"

"VALUABLE TIPS FOR MY CAREER DEVELOPMENT."

"INFORMATIVE AND REALISTIC!"

"MOTIVATING AND UPLIFTING."

"SUCH GREAT TANGIBLE TIPS, TRICKS AND REMINDERS FOR TIME MANAGEMENT."

"VERY USEFUL, VERY DOABLE! LOVE THE SCIENCE BEHIND IT"

"PROVIDED ESSENTIAL TOOLS TO USE IN MY EVERYDAY LIFE, BOTH PERSONALLY AND PROFESSIONALLY."

"IMPROVED WAYS TO CREATE PRODUCTIVE RESULT DRIVEN MEANINGFUL DIALOGUE WITH EVERYONE IN YOUR LIFE."

BRENDA'S CLIENTS INCLUDE:

Comcast/Xfinity, Medtronic, WPO, Sheridan Press, Xcel Energy, The Women in Transportation, SCL Health, Travelers, WSI Healthcare, Motive, UShealth, Soma Logic, Vail Resorts, The Bay Club Company, Children's Hospital, Kentwood, Gitlab, Uninet, Teladoc... and more.

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