

Mission, Vision & Action

BE YOUR BEST; DO YOUR BEST



With Brenda Abdilla PCC Coach/Author

Are you ready for Clarity, Strategy and a Plan?

Being 100% work-focused actually makes us less productive and it saps the meaning out of our lives and our work. Our current business culture offers little in the way of inspiration and motivation and yet that is exactly what we need if we are to work smarter, be more strategic and deliver results. You will learn how to set goals in a stress-free way that makes achieving them possible as well as how understanding your personal mission and values will help you succeed in your career.

The MOST successful and talented people only take action when it is strategic and lights the way to desired future result. They don't just add more tasks to their day. They chose to do the things that will create positive momentum and leverage their efforts, and say no to the rest. THAT is what this workshop will help you do, too.

HERE'S WHAT YOU'LL COME AWAY WITH:

- **An opportunity to think about what you want to achieve** in a way that aligns with the goals and vision you have for your life and your work. This might include finances, fitness, relationship, family, travel, learning, career, spiritual, adventure, time for reflection, organization, home and health – all addressed in a plan you feel excited about and motivated to live by!
- **A chance to take the mini-stressessment**, as part of the workshop and figure out where your strengths and challenges are..
- **Get great ideas on how to use your F.U.E.L. Journal** in your work & life daily, weekly and monthly. (Participants receive a FUEL journal as part of their registration).
- **A chance to set achievable Goals** and establish an action plan as well.
- **Discover the key elements** of your personal mission statement.
- Experience a **mini-dream board** in the workshop.
- Learn about your **business and personal values** – especially the hidden values – and how they can fuel more momentum in your life.

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Move Your Career Forward

with **BRENDA ABDILLA**